Brushing your teeth and flossing are great, but don’t forget to visit the dentist, too! University of Alaska offers affordable plan options for routine care and beyond. Coverage is available from Premera Blue Cross Blue Shield of Alaska. Contributions are deducted from your paycheck on a pre-tax basis.

**Network Dentists**

If you use a dentist who doesn't participate in your plan's network, your out-of-pocket costs will be higher, and you are subject to any charges beyond those that are Reasonable and Customary (R&C). To find a network dentist, visit Premera Blue Cross at www.premera.com.

### DENTAL BENEFITS

**Network Dentists**

If you use a dentist who doesn't participate in your plan's network, your out-of-pocket costs will be higher, and you are subject to any charges beyond those that are Reasonable and Customary (R&C). To find a network dentist, visit Premera Blue Cross at www.premera.com.

### PREMIUM PLAN

**BI-WEEKLY CONTRIBUTIONS**

<table>
<thead>
<tr>
<th></th>
<th>PREMIUM PLAN</th>
<th>BASIC PLAN</th>
</tr>
</thead>
<tbody>
<tr>
<td>EMPLOYEE ONLY</td>
<td>$7.97</td>
<td>$3.16</td>
</tr>
<tr>
<td>EMPLOYEE + SPOUSE</td>
<td>$16.21</td>
<td>$6.59</td>
</tr>
<tr>
<td>EMPLOYEE + CHILD(REN)</td>
<td>$15.44</td>
<td>$5.20</td>
</tr>
<tr>
<td>EMPLOYEE + FAMILY</td>
<td>$25.94</td>
<td>$9.55</td>
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</table>

**ANNUAL DEDUCTIBLE**

<table>
<thead>
<tr>
<th></th>
<th>PREMIUM PLAN</th>
<th>BASIC PLAN</th>
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</thead>
<tbody>
<tr>
<td>PER MEMBER / PER FAMILY</td>
<td>$50/$150</td>
<td>$50/$150</td>
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</table>

**ANNUAL MAXIMUM**

<table>
<thead>
<tr>
<th></th>
<th>PREMIUM PLAN</th>
<th>BASIC PLAN</th>
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</thead>
<tbody>
<tr>
<td>PER PERSON</td>
<td>$3,500</td>
<td>$2,000</td>
</tr>
</tbody>
</table>

**COVERED SERVICES**

**PREVENTIVE SERVICES**

Oral Exams, Routine Cleanings, Bitewing X-rays, Fluoride Applications, Sealants, Space Maintainers, Panoramic X-rays

100% Covered  No Deductible Applied**

**BASIC SERVICES**

Full Mouth X-rays, Fillings, Oral Surgery, Simple Extractions

80%* 80%*

**MAJOR SERVICES**

Oral Surgery, Complex Extractions, Denture Adjustments and Repairs, Root Canal Therapy, Periodontics, Crowns, Dentures, Bridges

50%* 50%*

**ORTHODONTICS**

50% 50%

**ORTHODONTIC LIFETIME MAXIMUM**

$3,500 $1,500

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**Thoughts & Tips:** Only 60% of adults ages 20 to 64 have been to the dentist in the past year. Take advantage of your dental coverage to keep your smile healthy.

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*After Deductible has been met

**Subject to individual provider service fees. Members are encouraged to review costs with providers prior to services.