

# DENTAL BENEFITS



Brushing your teeth and flossing are great, but don't forget to visit the dentist, too! University of Alaska offers affordable plan options for routine care and beyond. Coverage is available from Premera Blue Cross Blue Shield of Alaska. Contributions are deducted from your paycheck on a pre-tax basis.

## Network Dentists

If you use a dentist who doesn't participate in your plan's network, your out-of-pocket costs will be higher, and you are subject to any charges beyond those that are Reasonable and Customary (R&C). To find a network dentist, visit Premera Blue Cross at [www.premera.com](http://www.premera.com).

### PREMIUM PLAN

### BASIC PLAN

BI-WEEKLY CONTRIBUTIONS		
EMPLOYEE ONLY	\$7.97	\$3.16
EMPLOYEE + SPOUSE	\$16.21	\$6.59
EMPLOYEE + CHILD(REN)	\$15.44	\$5.20
EMPLOYEE + FAMILY	\$25.94	\$9.55
	<b>IN-NETWORK</b>	<b>IN-NETWORK</b>
ANNUAL DEDUCTIBLE		
PER MEMBER / PER FAMILY	\$50/\$150 Does not apply to Preventive	\$50/\$150 Does not apply to Preventive
ANNUAL MAXIMUM		
PER PERSON	\$3,500	\$2,000
COVERED SERVICES		
PREVENTIVE SERVICES Oral Exams, Routine Cleanings, Bitewing X-rays, Fluoride Applications, Sealants, Space Maintainers, Panoramic X-rays	100% Covered No Deductible Applied**	100% Covered No Deductible Applied**
BASIC SERVICES Full Mouth X-rays, Fillings, Oral Surgery, Simple Extractions	80%*	80%*
MAJOR SERVICES Oral Surgery, Complex Extractions, Denture Adjustments and Repairs, Root Canal Therapy, Periodontics, Crowns, Dentures, Bridges	50%*	50%*
ORTHODONTICS	50%	50%
ORTHODONTIC LIFETIME MAXIMUM	\$3,500	\$1,500

\*\*Subject to individual provider service fees. Members are encouraged to review costs with providers prior to services. \*After Deductible has been met



Thoughts & Tips: **Only 60% of adults ages 20 to 64 have been to the dentist in the past year. Take advantage of your dental coverage to keep your smile healthy.**