

# DENTAL BENEFITS



Brushing your teeth and flossing are great, but don't forget to visit the dentist too! University of Alaska offers affordable plan options for routine care and beyond. Coverage is available from Premera Blue Cross Blue Shield of Alaska.

## Network Dentists

If you use a dentist who doesn't participate in your plan's network, your out-of-pocket costs will be higher, and you are subject to any charges beyond those that are Reasonable and Customary (R&C). To find a network dentist, visit Premera Blue Cross at [www.premera.com](http://www.premera.com).

### PREMIUM PLAN

### BASIC PLAN

| BIWEEKLY CONTRIBUTIONS  |  |  |
|---|--|--|
| EMPLOYEE ONLY   | \$7.97                                     | \$3.16                                     |
| EMPLOYEE + SPOUSE   | \$16.21                                    | \$6.59                                     |
| EMPLOYEE + CHILD(REN)   | \$15.44                                    | \$5.20                                     |
| EMPLOYEE + FAMILY   | \$25.94                                    | \$9.55                                     |
|   | <b>IN-NETWORK</b>                          | <b>IN-NETWORK</b>                          |
| ANNUAL DEDUCTIBLE   |  |  |
| PER MEMBER / PER FAMILY   | \$50/\$150<br>Does not apply to Preventive | \$50/\$150<br>Does not apply to Preventive |
| ANNUAL MAXIMUM  |  |  |
| PER PERSON  | \$3,500                                    | \$2,000                                    |
| COVERED SERVICES  |  |  |
| PREVENTIVE SERVICES<br>Oral Exams, Routine Cleanings, Bitewing X-rays, Fluoride Applications, Sealants, Space Maintainers, Panoramic X-rays       | 100% Covered<br>No Deductible Applied**    | 100% Covered<br>No Deductible Applied**    |
| BASIC SERVICES<br>Full Mouth X-rays, Fillings, Oral Surgery, Simple Extractions   | 80%*                                       | 80%*                                       |
| MAJOR SERVICES<br>Oral Surgery, Complex Extractions, Denture Adjustments and Repairs, Root Canal Therapy, Periodontics, Crowns, Dentures, Bridges | 50%*                                       | 50%*                                       |
| ORTHODONTICS  | 50%  | 50%  |
| ORTHODONTIC LIFETIME MAXIMUM  | \$3,500                                    | \$1,500                                    |

\*\*Subject to individual provider service fees. Members are encouraged to review costs with providers prior to services. \*After Deductible has been met



Thoughts & Tips: **Only 60% of adults ages 20 to 64 have been to the dentist in the past year. Take advantage of your dental coverage to keep your smile healthy.**