

## Joint Health Care Committee (JHCC)

Notes

Wednesday, January 21, 2026

1:00pm – 3:00pm

### COMMITTEE MEMBERS

#### Unions:

- UNAC: Jill Dumesnil (JHCC Chair), Melanie Arthur, ~~Richie Berndt, Tim Hinterberger~~ (Alternate)
- Local 6070: ~~Jeff Culley~~, Dustin Gridley, ~~Eric Kissinger~~, Shane Crawford (Alternate)
- FFA: Joy Beth Cottle, Greg Bean (Alternate)

**Management:** Jonathan Lasinski, Luke Fulp, Ryan Buchholdt, ~~Jason Theis~~ (Alternate)

**Staff Alliance:** Rachel Potter, ~~Brandon McKinney~~, \_\_\_\_\_ (Alternate)

**Ex-Officio:** ~~Nickole Conley~~, Heather Arana

**Support Staff:** ~~Tanya Hollis~~, Jenn Clapp, Timothy Armbruster, Alex Slivka

**Guests and Speakers:** David Hinckley (Lockton), Katherine Polise (Lockton), Liz Kiertscher (Lockton), Chloe D'Hers (Lockton), Ellen Izer (Premera), Nadja Hipszer (Premera), Amy Carter (Premera)

### AGENDA

1:05 pm Call to order

Roll call

Approve draft agenda

Approval of notes from [Dec 17](#)

#### Topics for discussion and Reports/Review/Action:

#### New Business:

1:08 pm Chair report

1:10 pm Premera Health Hub (Amy)

- Virtual platform that organizes the vendors/programs who help with 8 different condition categories
- Not all Premera clients (UA is the client) can choose which condition categories to include – must include at least 4
- UA is currently not opted in (it was rolled out just a few weeks ago)
- There is no charge to open the portal – charges accrue only when individual health goals are met, including enrolling in a program as the first point when a charge is accrued. Charges vary by program/goal.
- UA has indicated interest in behavioral health, musculoskeletal, women's health, and smoking cessation. Premera estimates that in this scenario, it could range from costing the plan \$110k annually to saving it \$580k, depending on participation rates and effectiveness of interventions.

1:51 additional presentation from Premera on text message service with reminders to members.

- Comes at cost of \$15k per year to plan

1:58 pm Q2 Utilization Report (David)

- Presentation is not yet available. Will be on February agenda

1:58 pm On-site biometric screenings for FY27 (Jenn)

- Evaluating whether to return to on campus screenings
- Estimated cost to plan \$20k, in addition to or instead of current \$53k cost
- This would include one day per main campus site
- **Motion:** Recommend that UA implement on-campus biometric screenings for the FY27 plan year. Motion passes 6-1 with two absentions

2:14 pm Benefit Consultancy support for UA Choice (Heather)

- It's time to open proposals for the contract currently (and for more than 15 years) held by Lockton

2:28 pm Member Comments

- UNAC requests further discussion of spousal charges for families where spouse is also a UA employee, AND problems with Evicore
- Alex Slivka: appreciates discussion of increasing member participation in preventive activities

2:31 pm Adjourn

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Next Meeting: February 18, 2026