

Joint Health Care Committee Meeting Report
Meeting Dec. 2, 2015
by Kathleen McCoy on Dec. 4, 2015

The committee failed to achieve a quorum by teleconference. Topic discussions went forward.

Retrofit

Jade Dismore provided an overview of a Retrofit proposal. Last year Retrofit was piloted with 40 folks of 30 or plus BMI at a cost of \$1,000 per person paid by the university during the pilot. Participants received a Fitbit and a Bluetooth scale that recorded their weight with the program. Six month program. 40 completed. Five chose to continue on maintenance at their own expense.

Dismore described two scenarios for return of the program. Committee had a lively discussion. Chair chose to move forward with an email vote of members on this issue. Votes were due Friday, Dec. 4. Outcome unknown at this writing.

Healthroads

A committee handout described next steps for participants to earn their \$600 premium rebates by completing personal health assessments, biometrics and 5-7 points. Also discussed: a reward for the healthy. Folks meeting 3 of 5 biometric standards can skip earning points the following 2 years while still receiving the rebate.

Discussion focused on keeping the points at 5 going forward. A motion went to an email move/second/vote of members with votes due Dec. 4, 2015. Outcome unknown at this writing.

CDHP compliance with Affordable Care Act

The out of pocket for family currently is \$11,000. It needed to come down to no more than \$6,850 (per individual, and thus family). This was required by the ACA. The only question was whether individual or family deductibles would increase as the OOP was decreased. An email motion went out for move/second/vote. Votes due Dec. 4, 2015. Outcomes unknown at this writing.

Increasing pharmacy individual and family max from \$1,700 to \$2,700 on 750 Plan and HDHP.

After discussion, wen to an email vote for move/second/vote. Votes due Dec. 4, 2015. Outcome unknown at this writing.

Cancer providers in Fairbanks

JHCC updated. Active discussion of how to manage. Discussion on a JHCC letter to providers, to community newspaper, etc.