



Minutes
Staff Health Care Committee
Tuesday, November 22, 2016
2pm – 3pm
1-866-832-7806, guest PIN 1266511

UAA

Danielle Dixon (alt)
Dave Robinson
Liz Winfree

UAS

Wendy Miles

UAF

Lesli Walls

SW

Alesia Kruckenberg
Danielle Nelson (alt)
Chrystal Warmoth

Absent

Brenda Levesque (alt)
Erin Pikey (alt)
Kayti Coonjohn (alt)
Gwenna Richardson
David Bantz (alt)
Stacey Howdeshell
Susan Mitchell (alt)
Alison Hayden (alt)

Guests

Erika Van Flein

1. Roll call
The meeting came to order at 2:04 p.m.
2. JHCC Update – Erika, Liz, and Chrystal

Erika gave an update following the Nov. 18 JHCC meeting. Prior to the meeting, they discovered there was a difference in the data Premera would look compared to what UA looks at—the data is compiled differently (regarding total claims). Pharmacy costs are growing but UA is still managing those costs well. Preventive exams and screenings at UA are above the norms—at no cost to the member, no matter what plan the member selects.

Large claims were discussed, and cancer is one of the highest drivers of cost. Of high dollar claims, cancer was second, after joint degeneration (no surprise, given the

average age of UA members). Risk factors such as non-compliance (not keeping up with meds, treatments plans, etc.) generally have higher costs. UA also has a high population with weight related issues – obesity, sedentary, etc.

UA and Premera want to focus on promoting Patient Care, which could be a large saving to both patient and UA. The service can do cost comparison on imaging, surgery, testing, etc. (but not dental at this time). All contracted vendors (Patient Care, First Doctors, Teledoc, etc.) have confidentiality with UA—member data will not be shared and fall under HIPPA rules. Regarding price transparency—Erika noted it would be interesting to see what kind of legislation might come forward in the next few years.

HealthyRoads data shows an increase in stress and blood pressure in our members. The stress-related feedback is self-reported but the blood pressure data comes from biometric screenings.

Erika also noted more flyers on UA benefits and program vendors will be shared later this year (see attached for current flyers). Premera is pleased with member usage of Teledoc—appropriate and in good numbers. However, UA needs to promote it more and focus not just on cost but also convenience.

At Premera.com, you can select to get electronic EOB (explanation of benefits) and if enough UA members do that, UA can save another \$1 credit on per member monthly fees.

Health care actuals – how UA’s plan actually ended up. Erika noted it might be useful to have Timothy walk through his presentation at a future meeting. FY16 Plan expectations were originally \$62M. Updated projections were used to assess rates for FY17--\$63.7M. FY16 actually came in at \$63.6M. Which means UA Benefits used an accurate number to base FY17 rates on (i.e. rates won’t be more than they should be).

This year, only the employee assistance program is up for renewal (not part of the health plan—just another benefit offered at UA). Erika noted they were not sure if they will try to renew Best Doctors when it comes up for renewal—but would need to put out for RFP, or terminating contract. JHCC is reviewing the program to see if they want to pursue renewal.

Erika also reported Retrofit, the weight loss program for members with 30+ BMI, has also had good ROI—lots of engagement and numerous people lost weight (64% lost 5% or more). And from the pilot group – of those 73% are still losing weight.

3. Agenda Items for Dec. 9 Meeting

Members agreed to review the BenefitLink app (see attached) and discuss and provide feedback at their Dec. 9 meeting.

Morgan will also check to see if Timothy is available to review his presentation on health actuals with SHCC members.

4. Roundtable

5. Adjourn

The committee meeting adjourned at 3:01 p.m.