

## **SHCC May 19, 2016 meeting notes**

### **From Kathleen McCoy**

**In attendance:** Wendy Miles (UAS), Stacey Howdeshell (UAF), Lesli Walls (UAF), Monique Musique (SW), Arthur Hussey (SW alt), Lisa Sporleder (SW), Kathleen McCoy (UAA).

#### **1. Update from JHCC May 17, 2016 meeting:**

##### [Wellness Plan Utilization Report as of May 5, 2016](#)

Discussion: Final report for FY16 only available after final paperwork deadline May 15, 2016. Next report available June 5, 2016. But at this preliminary point, Sara Rodewald of Healthyroads said employees are showing a 38% utilization rate, and spouses a 28% utilization rate. She expected the rates to trend a little higher with final paperwork.

The program costs about \$460,000 annually. Sara says she always wants higher participation rates, but says these rates are comparable to other wellness programs.

##### [FY10-15 Comparison between University and Employee costs](#)

Discussion: Abel, JHCC chair, said the chart shows that university costs decreased between FY11-13 while employee costs climbed. In the SHCC meeting, Erika said some cost shifting to employees was accomplished through plan design rather than across-the-board increased to employees. She also pointed out that a large under-recovery drove some of the increase on the employee side. She is preparing a follow-up chart that will provide more context to the cost chart, such as number of employees. She'll send it out when it is ready, for further discussion.

##### [FY163Q Utilization Report by Lockton](#)

Discussion: A few key takeaways from this report include  
Rise in number and size of large claims. In FY15Q3 the plan had 47 large claims (anything above \$100,000). FY16Q3 the number of large claimants rose to 57. The highest claim is more than \$650,000. David Hinkley of Lockton said these large claims will impact the plan.

On the pharmacy side, special drugs are driving up the cost. Charts in the report show how specialty drugs are claiming a larger percentage of the total, climbing from 21% last year to 28% this year.

#### **2. SHCC consumer health plan posters.** Neither Danielle Dixon nor Kayti Coonjohn, the two graphic artists working on this, were available for the meeting. However, Kathleen shared the google doc link where the work is being done.

<https://drive.google.com/drive/folders/0B4Xvy6aoVvMwRzYteEVCUm1WTzA>

This site should be available (eventually if not now) to all SHCC members. The idea is to lodge consumer-driven information posters created by SHCC for use by any SHCC member if they sense a need for more information on their campus in some

key health plan areas. The goal of the SHCC posters is to target key factors that impact health plan consumers, like 200% Medicare, or auxiliary services, so that that information moves easily through the audience that needs the information. A goal for this project is to provide posters at the June SHCC meeting (that have been vetted by Erika for accuracy) and then have them available for download on July 1, 2016.

**3. Statewide Administration Assembly questions.** SAA produced four health plan process requests. Informally, Erika addressed them at SHCC. She will seek more information from Premera on:

- Updating the Premera list of in-network providers. Plan users have found outdated information on this list.
- Can EOBs indicate clearly if the provider is in- or out-of-network?
- Is there a list of allowable charges for Medicare?
- What happens if Medicare does not cover a procedure?

**4. HCCMCA.** New JHCC member Pat Shier asked if UA is eligible to join [HCCMCA](#). This is a coalition that began in 1994. Full title is Health Care Cost Management Corporation of Alaska, Inc. Erika has investigated this in the past, and JHCC will have an HCCMCA spokesperson at its next meeting to learn more. You can read about this organization [here](#). It includes members in the Pacific Northwest, perhaps a way to spread costs. However, Erika is not sure this group is eligible for UA's procurement process. More to come as we learn more.