Becoming a Team Player

The Need
In today’s work world, we often need to work in groups of people who have many differences, and yet are supposed to seamlessly form an effective team. We’ve all heard the term “teambuilding,” and at one point or another most of us have gone through a teambuilding process, whether we know it or not. But what exactly is teambuilding and how can it be successfully used to help diverse groups work together more effectively? Understanding the main building blocks and development stages of teams can give any group of people the right tools to form a cohesive and productive group.

The Best Audiences for this Workshop
All Levels of Staff

The Objectives of this Workshop
1. Learn to identify the three main components of teambuilding
2. Understand and recognize the natural stages of group development
3. Explore how values are formed, how values impact working relationships and how to make the most of differences in behavioral styles
4. Create a plan for building a strong team

The Workshop Agenda
I. Three components of Team Building
II. Evaluating Your Team: Team Preference Questionnaire: Group Exercise
III. Developing and Improving Teams
   A. Characteristics of Low and High Performance Teams
   B. Stages of Team Development
   C. Team Goals
   D. Suggested Team Behavior
   E. Team Meetings
IV. Behavioral Styles
V. Handling Conflict – Positive and Negative Group Roles
VI. Team Effectiveness Checklist
VII. Action Plan