Getting to where you want to go in a science career? This is a lifelong process that needs constant attention.

- Skills - build that toolbox of skills
- Balance (not work-life balance – will have to sacrifice things)
- Consistency
- Honesty
- Realistic
- Work hard but don’t burn out. Must sustain this for a career lifetime…
- Keep Learning New Things, be curious… Open mindset
- Seek advice at all stages of your career

These skills will help you build a solid network that you can rely on.

Uma’s reflections
Getting to where you want to go in a science career?

- Ideal spot with some backup choices
  - As you meet each fork in the road, which choice is better for my ideal goal?
  - Be self-aware and realistic about your strengths and weaknesses - but don’t beat yourself up!

- Define your *niche* or *brand*!
  - People think of you when they think of this expertise - seek you as a collaborator
  - Other option - do a hard sell - (my thoughts on that)

- How to collaborate with people?
  - Group tasks come before your own deadlines
  - Apply the ‘Golden Rule’, don’t use people or let them use you. Be transparent about expectations.
  - Help out but not to your detriment.

- Risk Aversion, take risks

Uma’s reflections