The Need
In a relatively short timeframe, computers have gone from being a space-age dream to an everyday reality for many people at work, home and school. Children are learning how to use computers at younger ages – many are more computer-savvy than their parents! How does a parent support the need for their children to be familiar with computers in today’s society without letting the computer dominate their child’s time?

The Best Audiences for this Workshop
Parents with children of all ages

The Objectives of this Workshop
1. Appreciate the full value of computers
2. Understand the drawbacks of too much computer use
3. Identify ways to set limits while still utilizing the positive aspects of computers

The Workshop Agenda
I. Why Should Your Child Use a Computer?
   A. Hand/Eye Coordination
   B. Tool for Learning
   C. Key Element for School and Work Success

II. The Downside of Computer Usage
   A. Reduces Child’s Interest in More Physical Activities
   B. Can Discourage Independent Thinking
   C. Effects on Eyesight and Posture

III. The Cyber-Savvy Parent: Setting Limits
   A. Internet Usage
   B. Games and Other Software
   C. Time Limits
   D. Learning From Your Child